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**THE OVARIAN CANCER NATIONAL ALLIANCE KICKS OFF *TEALTINI* MONTH IN PITTSBURGH**

*Local Pittsburgh Restaurants Support the Ovarian Cancer Community*

Pittsburgh, PA – August 28, 2009. September marks the nationwide observance of National Ovarian Cancer Awareness Month. On Friday, August 28<sup>th</sup> fourteen Pittsburgh restaurants will partner with the Washington, D.C.-based Ovarian Cancer National Alliance to celebrate Ovarian Cancer Awareness Month by hosting the kickoff of *Tealtini* events. *Tealtinis* will be available in many restaurants around the country during the month of September.

Proceeds from the sale of every *Tealtini* will benefit the Ovarian Cancer National Alliance's work on behalf of those touched by ovarian cancer. The participating Pittsburgh restaurants include Alexander's, Baha Bar and Grille / Fox Chapel Yacht Club, Bar Louie, Buckhead's, Cappy's, Del's, Lot 17, Mantini's, Silky's, Tessaro's, Walnut Grille, Walnut Grove and William Penn Tavern.

Ovarian cancer is the deadliest of all gynecologic cancers and the fifth leading cause of cancer deaths among American women. Approximately 22,000 women will be diagnosed with ovarian cancer this year and 15,000 women will die from the disease.

The Ovarian Cancer National Alliance leads this campaign to honor all those touched by this disease. "Talking about this disease is essential because diagnosing it is so difficult. September is our opportunity to significantly increase awareness across the United States and ultimately, help save women's lives. The *Tealtini* campaign is a fun way to do just that," explains Judith Abrams, President of the Ovarian Cancer National Alliance.

If the following symptoms occur almost daily for more than two weeks, the Ovarian Cancer National Alliance advises that women see a gynecologist. These symptoms include:

- Bloating
- Pelvic or abdominal pain
- Difficulty eating or feeling full quickly
- Urinary symptoms (urgency or frequency)

There is no definitive test for ovarian cancer so experts suggest a combination of pelvic/rectal exam, a CA-125 blood test and a transvaginal ultrasound.

Special thanks to Jamie Leeds, President-elect of Women Chefs and Restaurateurs, and Hanks Oyster Bar and Common Wealth Gastropub for providing the *Tealtini* recipe.

Established in 1997, the Ovarian Cancer National Alliance is the foremost advocate for ovarian cancer in the United States. Until there is a cure for the disease, the Ovarian Cancer National Alliance, a 501(c) (3) organization, leads the national initiative to conquer ovarian cancer by uniting individuals and organizations at the local, state, and national levels to advance ovarian cancer research in the quest for early detection tests, improved health care practices, and development of live-saving treatment protocols.

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For more information on this topic or to schedule an interview, please contact Georgi Morales via email at gmorales@ovariancancer.org or call (202)331-1332. To become a restaurant partner, please contact Liz White via email at lwhite@ovariancancer.org or call (202)331-1332.